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14th January 2022

Dear Parent/Carer

Covid-19 Isolation Update

Further to our Parentmail of 11^{th} January, the Government guidelines with regard to the self-isolation period following a positive LFD or PCR test result have changed.

From Monday, 17^{th} January, the isolation period for people who test positive for Covid-19 will be cut to five full days in England provided they test negative on days 5 and 6 and do not have a temperature. This means that a person who has tested positive for Covid-19 will be able to leave isolation from the start of day six of their isolation, following two negative LFD test results.

Please see the chart below setting out how the isolation days are worked out and when isolation may end:

Days		
0	Symptoms begin or test taken	
1	Begin counting self-isolation days	
2		
3		
4		
5	Begin home testing	
6	Self isolation can end with two negative lateral flow tests taken	at
7	least 24 hours apart, provided you do not have a high temperature	2
8		
9		
10	Isolating ends - no test required	

As mentioned in the Parentmail of 11th January, we are now notifying parents/carers when a positive LFD/PCR test is reported in your child's class. In this instance, we ask that you endeavour to test their child daily with a LFD test for the following seven days, as this will help minimise the possibility of the virus spreading. Your child should continue to attend school as normal unless they have a positive LFD test result or develop symptoms. Information on accessing LFD tests can be found here:

https://www.nhs.uk/conditions/coronavirus-covid-19/testing/regular-rapid-coronavirus-tests-if-you-do-not-have-symptoms/

Please could we ask parents/carers to ensure that they keep the School Office updated of \underline{all} positive LFD and PCR test results.

Thank you for your ongoing co-operation.

Yours sincerely

Mr S Hughes Headteacher









